



Youth Mentor Reflection Symbols

When you worship God on Sunday morning, what do you do to participate? (Kneel & pray, genuflect, cross yourself, bow, sit in silence)?

How do these ritual actions get you ready to experience God's holiness?

What is your favorite hymn in the hymnal? Or your favorite piece of service music - from the S section in the beginning of the hymnal?

The Episcopal Church has different worship practices than Baptists, Methodists, or Moravians.

- What is it about our way of worship that you love?
- What makes your heart happy?
- What are some of the aspects of our worship that are frustrating, or difficult to understand?

Our signs and symbols are a big part of Episcopal identity, from the colors on the altar to the vestments that are worn, to the words we use for various items and architecture.

- Talk it over: what's the difference between a chalice and a cup?
- What's the difference between a deacon and a priest?
- Why do the ministers wear a white alb when they serve at the altar (Look to your handout for some clues.)
- Why do these differences matter to us?